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A Comparative Study On Anthropometric Variables Of Soccer Players

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Research Paper - Physical Education

ABSTRACT

The purpose of the present study was to Anthropometric variables of three groups of soccer players, 60 players Rastrasant Tukdoji Maharaj Nagpur University, Nagpur, during inter-collegiate tournament of Nagpur University, University selection trial and the Inter-University Coaching Camp. A further analysis of Scheffe's Test for testing the significance of differences of pairs of group means was done and the result of such analysis. The mean and standard deviations of measurements in selected absolute anthropometric variables for the three groups are given in Table-I. An analysis of variance of the mean scores of the three groups are presented in Table-II, it may be seen that weight, standing height, foot length, length foreleg length, calf girth, thigh girth, shoulder width and hip width distinguish levels of playing ability as proved by 'F' values greater than required for statistical significance of variance at 0.05 level of confidence.

Key words : Anthropometric Variables, Soccer Players.

INTRODUCTION :

Physical education actually emerged as a concept somewhere around the turn of the century with the advent of the so-called "new" physical education, with the slogan "education through the physical". The inclusion of the sport under the umbrella of physical education added a new dimension. The element of competition was readily recognized as another important characteristics of sport. Sport began to take the organized form by which we customarily know it today. The first intercollegiate football game was played