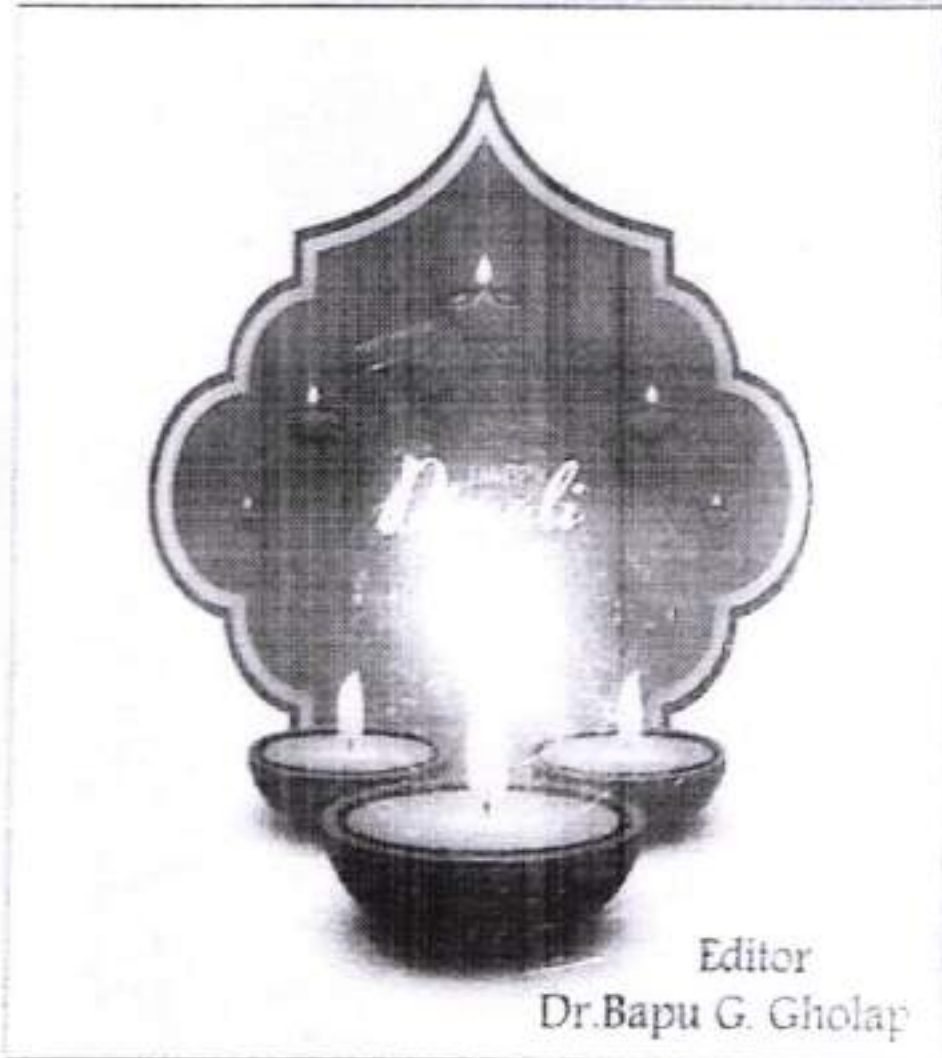


MAH MUL 03051 2012
ISSN-2219 8318

Issue-40, Vol-07, Oct. to Dec. 2021
Vidyawarta®

Peer Reviewed International Multilingual Research Journal



INDEX

01) COMMUNICATION Prof. Borude Sharmishtha Balkrishna & Prof. Jadhav Balasaheb Rohidas	1110
02) Removal of Jammu and Kashmir's Special Status (Article 370) and ... Sanjay N. Kaninde, Nagpur	1113
03) The Impact of COVID-19 on Sport and Physical Activity: A Study Dr. Charanjeetsingh Mahajan, Nanded	1116
04) E-Waste Issues and Challenges and Its Management in Indian Scenario: An ... Mohammad Imran, Sriganaganagar (Ra.)	1120
05) REFORM OF LAND ACQUISITION FRAMEWORK IN INDIA Neelam Rani & Dr. Sangita Upadhyay, Meerut, U.P.	1127
06) SUSTAINABLE BUSINESS PRACTICES AND CHALLENGES Dr. Patil Bhagwan S., Dist. Kolhapur	1132
07) HUMANITIES: CHALLENGES AND SUSTAINABILITY Dr. Sou. Parvati Bhagwan Patil, Dist Kolhapur	1138
08) Right to Internet Access as a Basic Human Right:- Internet Shutdown a ... RASHTRA BARDHAN, RUDRAPUR	1144
09) Virtual Education: Pathway to Achieve Sustainable Development in ... Dr. Neeta Sahu	1152
10) Caste Exploitation and Social Injustice in Mulk Raj Anand's 'Untouchable' Akhilesh Kumar Verma, Ayodhya, Uttar Pradesh	1156
11) मराठ्ठा कालखंडातील मराठमन विजापूर भोरण आणि शारान मंगळूर (१९३० ते १९५५) राहुल केदारनाथ बोरोरे, जि. जळगाव, महाराष्ट्र	1160
12) भारतीय संसृनीना मदान केना प्रा. डॉ. अरुण नाभवरान चव्हाण, परळी केानाथ	1161
13) ऐतहासिक करणिल मुध डॉ. भाऊसाहेब चणवता जाधव, यमुनासाधर	1164

longer have a separate constitution but will have to abide by the Indian Constitution much like any other state. All Indians laws will be automatically applicable to these Union territories. May be in future violence in the valley will be decreases.

REFERENCE:

1. Indian Polity & Governance, Arihant Publications (India) Limited, New Delhi, P.174.
2. The Gazette of India, New Delhi, Friday, 9th August, 2019.
3. S.R. Maheshwari, Indian Administration, 6th Edition, Orient Black-swan Private Ltd., New Delhi, 2001.
4. Dr. Durga Das Basu, Introduction to the Constitution of India, Wadhwa and Company, Nagpur, 2003.
5. B.S. Fadia, The Constitution of India, Sahitya Bhawan Publication, Agra.
6. Subhash C. Kashyap, Our Constitution, National Book Frust India, New Delhi, 1994.
7. Akhtar Rais, Kriskwillam, Jammu and Kashmir, State India, Encyclopedia Britanica, 7th August 2019, Retrieved
8. Article 370 and 35(A) revoked : How it would change the face of Kashmir, The economics times, 5th August, 2019.
9. PIT (5yh August, 2019), Jammu Kashmir Article 370.
10. "Jammu & Kashmir Reorganisation Bill passed Rajasabha, The Indian Express, 5th August 2019.
11. Mohanty Prasanna, Jammu Kashmir Reorganisation bill 2019, India Today.
12. Reorganization of J & K, Internal affair, PTI, 31st October 2019.
13. Jammu and Kashmir bifurcated : India has one less state, gets two new Indian territories in J & K Ladakh, Indian Today, 31st October 2019.
14. Jammu and Kashmir Reorganization Act, 2019, Ministry of Law and Justice, Legislative department, 9th Aug, 2019.

The Impact of COVID-19 on Sport and Physical Activity: A Study

Dr. Charanjeetsingh Mahajan
Director of Physical Education,
Narayanrao Chavan Law College, Nanded

Abstract:

The pandemic of Corona virus disease (COVID-19) is an unprecedented time all over the world. Since its outbreak, the COVID-19 has spread in almost all the countries of the world. Substantial physical & social distancing measures, knockdowns of educational institutions and sporting events are stopped, restricting individuals regular activities and all over the world appeal from their governments asking their people to stay at home, stay safe.

Such types of social distancing norms require that those people have very few opportunities to keep themselves physically active, particularly if activities such as walking, jogging, cycling, going to the gym are being confined. Moreover, these drastic measures also make it very easier to be sedentary at their homes for longer periods of time. The effect of this physical inactivity may possibly be seen in many sectors such as community service, health and overall wellness of the people all over the world. Sports play a major contribution in economic and social development. Its role is well recognized by many Governments, including in the United Nations 2030 Agenda, which ensures healthy lives and promotes well-being for all at all ages. The present paper tries to analyze the challenges COVID-19 has posed to both the sporting world and to physical activity.

Keywords: Pandemic, Social Distancing, Sport, Government, Athlete, Training, Measures, Pro-